



ESSI

**EXERCISE & SPORT
SCIENCE INITIATIVE
UNIVERSITY OF MICHIGAN**

**Tuesday, October 5
1:00-2:00 pm EDT**

RSVP at https://umich.zoom.us/webinar/register/WN_5zPjlcJbSReoX5lGuoU0hw



**The Use of Cannabis for Athlete Health
and Performance**

Join the Exercise & Sport Science Initiative (ESSI) for a seminar focused on the use of cannabis for athlete health and performance. Experts will discuss how cannabis is currently regulated in sports; why medical cannabis has been proposed for use in treating chronic and acute pain, as opposed to other treatment strategies; how CBD and THC affect mental and physical health and athletic performance, both positively and negatively; the molecular mechanisms of how CBD and THC work; how THC and CBD get metabolized differently depending on how they are administered (e.g., topical, oral, or inhalation); and where the future is headed in terms of the use of medical cannabis in elite sports.



Gus Rosania, PhD
Professor of Pharmaceutical
Sciences, U-M College of
Pharmacy

Join us as Gus Rosania hosts a conversation and Q&A with:

Speakers:



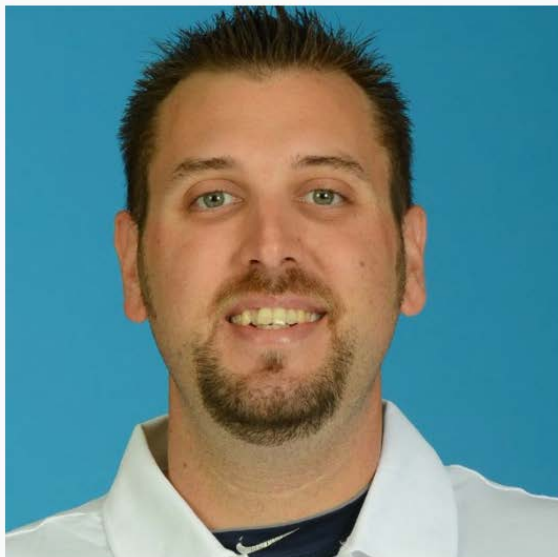
Kevin Boehnke, PhD

Research Investigator, Chronic Pain and Fatigue Center, Anesthesiology Department, Michigan Medicine



Jeff Konin, PhD, ATC, PT

Clinical Professor, Department of Athletic Training; Director, Global Initiative for Cannabinoid Research & Education, Florida International University



Corey Tremble, LAT, ATC

Medical and Rehabilitation Coordinator, Detroit Tigers



Joanna Zeiger, MS, PhD

Founder and CEO, Canna Research Foundation
Cannabis Epidemiologist
Former Olympian and Ironman 70.3 World Champion