



ESSI EXERCISE & SPORT
SCIENCE INITIATIVE
UNIVERSITY OF MICHIGAN

Thursday, November 19
4:00 - 5:00 pm EST

RSVP at https://umich.zoom.us/webinar/register/WN_SM-e84yVTX-ld-qrFzr8TA



**Use of Wearable Devices for Return-To-Play
in Sports and Physical Activity
During COVID-19**

Hosted by Cathy Goldstein, M.D., Associate Professor of Neurology, U-M Sleep Disorders Center

Due to COVID-19, many organizations, including professional sports teams and the military, have used wearable devices for early detection of COVID-19. As individuals begin returning to sports and physical activity, there are public health concerns about close physical contact and potentially spreading the virus. This panel will examine these issues and discuss the effectiveness of wearables for daily health monitoring.

Join us as Cathy Goldstein hosts a conversation and Q&A with:

Speakers:



Josh Hagen

Director, Human Performance Innovation Center,
Department of Neuroscience, West Virginia
University School of Medicine



Joe Patterson

Soldier Performance Strategist, Tactical Strength
and Conditioning Facilitator (TSAC-F), U.S. Army



Harpreet Singh Rai

Chief Executive Officer, Oura



Jessica Zandler

Program Manager, NBPA-NBA Wearable Device Validation Program; Owner, Zandler Scientific Consulting; Adjunct Research Assistant Professor, U-M School of Kinesiology

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The ESSI seminar series will continue during the winter semester. Stay tuned for upcoming topics and speakers.