## **ESSI** EXERCISE & SPOF SCIENCE INITIATI UNIVERSITY OF MICHIC

## Monday, October 19 1:00 - 2:00 pm EDT RSVP

at https://umich.zoom.us/webinar/register/WN uRw5ZuL2Tm

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Athlete Return-To-Play During COVID-19

Hosted by Adam Lepley, Ph.D., Clinical Assistant Professor, Applied Exercise Science, Athletic Training, and Movement Science, U-M School of Kinesiology; ESSI Michigan Performance Research Laboratory Director

Due to COVID-19, many athletes at the professional, collegiate, and high school level have spent time away from training and performing. As athletes begin returning to play, there are concerns about readiness and potential injury risk. In addition, there are worries about close physical contact, not only with the athletes and coaching/training staff, but also with spectators. This panel will examine these issues and discuss strategies for safely resuming sports.

# Join us as Adam Lepley hosts a conversation and Q&A with:

#### Speakers:



Darryl Conway Senior Associate Athletic Director and Chief Health and Welfare Officer, U-M Athletic Department



Georgia Giblin Director of Performance Science, Detroit Tigers



Andrea Osters Assistant Director, Michigan High School Athletic Association (MHSAA)



Rebecca Stearns Assistant Professor in Residence, Department of Kinesiology; Chief Operating Officer, Korey Stringer Institute, University of Connecticut

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Events in this fall seminar series will be held once a month, September-November. Stay tuned for upcoming topics and speakers.

Exercise & Sport Science Initiative essi.umich.edu